Friday, Oct. 11, 2002

Vandenberg AFB, Calif.

Vol. 12, No. 40

### Base Briefs\_

### FIRE PREVENTION DAY ACTIVITIES

Fire Prevention Day is Saturday from 9 a.m. to 1 p.m. The base Fire Department will provide free CPR certification classes to all Team Vandenberg employees and family members ages 12 and up at building 860, the Hot Shots Crew Quarters, on South Vandenberg. Call 605-3334 to sign up. The day's activities also include a fire extinguisher and iaws-of-life demonstration, a firehouse barbecue and other children's events.

### AIR AND SPACE SHOW FACTS

Team Vandenberg opens its gates to the public to celebrate the centennial of flight Nov. 2 and 3 during the Air and Space Show at the airfield here. The event is free and open to the public. Show hours are 8 a.m. to 5 p.m. both days. Guests are not permitted to bring their pets or coolers to the base. Food and drinks will be available for purchase.

### PHONE NUMBER CORRECTION

The 30th Medical Group is conducting women's health exams from 8 a.m. to noon, Oct. 19. The correct number to call for an appointment is 606-5451.

### STORES CLOSE COLUMBUS DAY

The Vandenberg Commissary and minicomm will be closed Oct. 14 in observance of Columbus Day. The commissary will be closed Oct. 15 as well but the mini-comm will open 6 a.m. to 9 p.m.

## MPF RELEASES TEST DATES Testing dates for t

Testing dates for the upcoming promotion cycle are as follows:

Promotion to senior master sergeant, Jan. 10 – 24; Promotion to technical and master sergeant, Feb. 15 – March 31; Promotion to staff sergeant, May 1 – 31.

### OFFICER PROMOTION INFO

The 30th Mission Support Group Commander, Col. Steve Robinson, is briefing officers on the promotion board process and other hot promotion topics Thursday. The briefing schedule is as follows:

8:30 a.m. in the 30th MSG conference room, building 11777. This briefing is specifically targeted toward company grade officers.

1:30 p.m. in building 7025.

For more information, call 1st Lt. Catherine Braxton, 606-3259.

### COMMON ACCESS CARD MASS ISSUE

The new Defense Department identification, the common access card, will be issued to active-duty and civilian

See BRIEFS Page 3

### Let Freedom Ring



PHOTO BY STAFF SGT. JENNIFER WALLIS



PHOTO BY STAFF SGT. JENNIFER WALL

(Top) 30th Security Forces Squadron personnel formed an apprehension team to prepare against possible tresspassers during Saturday's protest. (Above) Nearly 100 protesters gathered here Saturday as part of the International Day of Protest. (Right) Matthew Killkelley, 11, countered the protester's by waving his American Flag at Vandenberg's Main Gate.

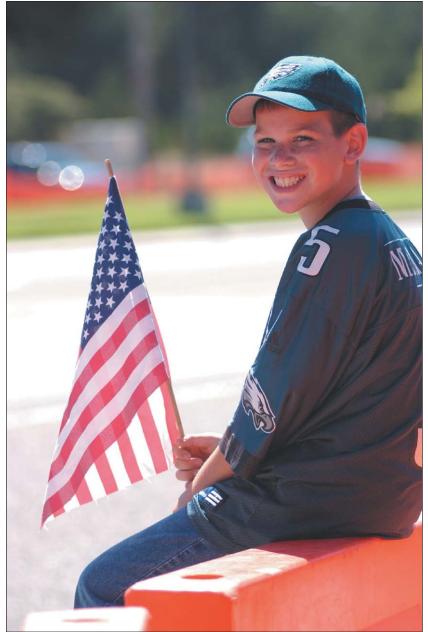


PHOTO BY AIRMAN MICHELLE MIRANDA

# IFT-9: Agency counts down for intercept test

By Master Sgt. Ty Foster
30th Space Wing Public Affairs

■ Team V is scheduled to launch a modified Minuteman II intercontinental ballistic missile carrying a mock warhead and decoys from here Monday evening.

The launch is part of an on-going series of Missile Defense Agency developmental flight tests of the Ground-Based Midcourse Defense test program, according to Lt. Col. Rick Lehner, MDA spokes-

About 20 minutes after the target missile is launched from here, a Ground-Based Interceptor carrying a prototype exoatmospheric kill vehicle will launch from the Ronald Reagan Missile Test Facility at Kwajalein Atoll in the Republic of the Marshall Islands about 4,800 miles away.

The EKV intercept of the target is planned to take place about 10 minutes later at an altitude of approximately 140 miles above the central Pacific Ocean during the midcourse phase of the target warhead's flight.

This is an integrated system test combining Space-based missile warning sensors, ground-based early warning radar, the prototype X-Band radar at Kwajalein Atoll and the GMD battle management, command, control and communications system located at Kwajalein Atoll and the Joint National Integration Facility in Colorado Springs, Colo.

"Since the system is in its research and development phase, these elements serve as either prototypes or surrogates for system elements which are in the developmental stage and have not yet been produced for actual operational use," Lehner said.

The U.S. Navy Aegis destroyer, the USS John Paul Jones, will participate in the test, using its SPY-1 radar to gather data about the target and interceptor missiles.

While the cruiser's radar will not take part in directing the interceptor to its target, the data gathered will be used to confirm the potential role the SPY-1 radar and the Aegis weapon system could play in a de-



PHOTO BY BILL HARTENSTEIN

A modified Minuteman II intercontinental ballistic missile carrying a mock warhead and decoys blasts out of its north base launch facility March 15. The test launch evaluated the Missile Defense Agency's Ground-Based Midcourse Defense system's hit-to-kill technology and other components of the missile defense system.

### Fire in the sky!

■ Vandenberg's Sept. 19 Minuteman III launch provided a light show for people all over the southwest. Monday's early evening launch could create the same "twilight phenomenon."

This happens when the unburned missile propellant particles and water left in the wake of the missile freeze in the upper atmosphere.

These frozen particles reflect the high altitude sunlight producing a green, blue, white and rose-colored display.

fense against long-range missile targets.

This is the first time an Aegis radar is participating in a GMD flight test.

This is the seventh intercept test of the GMD element, formerly National Missile Defense, research and development program. This brilliant effect can create corkscrew shaped clouds that many observers incorrectly assume is a missile that has malfunctioned. In fact, the missile's contrail becomes twisted into giant pretzel shapes by high altitude air currents.

No malfunctioning missile has ever created the phenomenon. On the rare occasions when a missile does malfunction, the range safety officer destroys it before reaching the altitude at which the twilight phenomenon occurs.

In the six tests evaluating the EKV's hit-to-kill technology, there have been four successful intercepts.

Of the two failed intercepts, one was attributed to a clogged cooling pipe on the EKV and the other because the EKV and booster rocket failed to separate.

# AFSPC pledges support during transformation

By Stephen Trimble

Aerospace Daily

Air Force Space Command will align its agenda with Undersecretary of the Air Force Peter Teets' vision for space transformation, while also remaining the "center of gravity" in the military space business, newly appointed AFSPC Commander Gen. Lance Lord said Tuesday.

The AFSPC, which lacked its own four-star commander until Lord took the job April 20, can concentrate its new influence on helping Teets achieve his goals, Lord said. Those include assuring access to space, fixing broken acquisition programs, integrating AFSPC and the National Reconnaissance Office and developing the space workforce.

the space workforce.

"I've found that it's probably a pretty good idea to work for your boss's agenda," Lord said, addressing about 70 people gathered for the National Defense University's breakfast seminar series on Capitol Hill. AFSPC wants to "make sure that Mr. Teets is the most successful man in Washington," he said.

Part of that goal includes supporting the decisions of Teets' acquisition officers as they untangle several troubled programs, including Space Based Infrared Systems-Low and Intercontinental Ballistic Missile upgrades, he said.

"I want to make sure that our program managers, whether they're talking about the ICBM business, or whether they're talking about the Space Based Infrared System, or whether they're talking about (military satellite communications), whenever they stand up to talk, they're talking with the full weight of the (major command) behind them," Lord said.

AFSPC also will keep its leadership role in the space and ICBM fields, Lord said, acknowledging concerns about the former U.S. Space Command's recent merger into U.S. Strategic Command, which transferred space command's staff from Colorado Springs, Colo., to Offutt AFB near

Omaha, Neb.

"Despite some of what you may have said or heard ... the center for gravity for space and the ICBM business is still in Colorado Springs," Lord said. "And the road to Washington and to Mr. Teets' front door ... goes from Los Angeles through Colorado Springs right to his front door on the fourth floor of the E ring of the Pentagon."

On workforce development issues, Lord said, the Air Force has "boiled down" an initial strategy paper to 13 pages, and hopes to gain the Defense Department's approval for the plan by the end of December. As the executive agency for space, the Air Force also is trying to include the workforce concerns for Army, Navy and NASA space specialists.

Asked about the potential of converting ICBMs for a non-nuclear strike role, Lord said it is a "very exciting opportunity." AFSPC maintains and upgrades the ICBMs that would be deployed by Strategic Command.

Last week, a Strategic Command official said the command may seek to add a conventional attack role for ICBMs.

"Our chief has talked about taking a look, and we will continue to push hard in that respect to see if the ICBM offers some potential in those mission areas," Lord said. An ICBM's "quick time to flight (and) highly accurate systems give us some great opportunities there."

### **Combined Federal Campaign**



Base goal: 100% contact Currently raised: \$50,219 in week 6 of 7

### In this issue of the







Combat arms instructors keep Vandenberg on target.

See Page A3.



Medical group staff educates base members on breast care. **See Page B3.** 

Weekend forecast Low clouds in the morning and evening with clear afternoon skies.



Visit <u>www.vandenberg.af.mil/30sw/</u> organizations/30og/weather/weather\_index.html



Hundreds of Team V members stand in formation during the Combat Wing Organizational Structure activation ceremony here Oct. 1. During the ceremony, transportation and supply merged to form the 30th Logistics Readiness Squadron.

# Logistics readiness squadron has new name, new focus, same faces

BY CAPT. BOB MEYER

30th Supply Flight commander he Logistics Readi-ness Squadron was created here Oct. 1 as part of the 30th Space Wing reorganization into the Combat Wing Organizational Structure. Though the 30th LRS name is new, the people in this organization are not. The 30th Transportation Squadron, 30th Supply Flight, and the deployment element of 30th SW Plans came together to form this new entity.

Why the merger? The Air Force Chief of Staff explained in his Program Action Directive:

"The AF has transformed its philosophy from a heavy-go-andslow concept of taking mountains of materiel via slow transportation channels with virtually no intransit accountability to our current go-light-and-fast concept of Agile Combat Support where essential materiel move at high speed with near real time visibility," said Gen. John Jumper. "No longer does the warfighter take all materiel just in case...now the concept is to take minimal materiel forward and rely on regionalized, behind-the-lines,

operations to supply sustainment materiel when needed.'

The LRS is the ultimate logistics organization, combining planning, supply and transportation skills into one organization, under one commander, with all the resources to keep pace with the swift demands of deployment, employment, and sustainment support requirements.

"Our nation and our Air Force are facing some really tough challenges as we continue to meet our long-standing worldwide commitments, and prosecute America's War on Terror," said Col. Susanne LeClere, 30th Maintenance Group commander.

"Our new LRS will be absolutely central to our wing's ability to meet it's rapidly growing expeditionary taskings in support of contingencies worldwide," she said. "We're lucky - we have the right people, in the right places, ready to step up to the chal-

Because many processes have been combined, some of the names transportation, supply and logistics plans customers are used to, have changed as well. As such, there will be some

growing pains.

The new LRS flights are: **Distribution Flight** 

This unit includes material management, formerly known as Base Supply, and cargo movements. Material management is comprised of HAZMART, mobility bags, fuels management, refueler maintenance, storage and distribution, management and systems, and unconventional fuels. Cargo movements is simply the new name given to traffic management's inbound and outbound freight elements.

**Readiness Flight** 

This flight is the wing office of primary responsibility for plans, or logistics requirements, deployment planning, training and execution, base and expeditionary support planning, sustainment, redeployment, wing support agreements management, and logistics command and control. It also manages air terminal operations (non-AMC) and all squadron-level contingency support requirements. It provides logistics readiness deployment training for all installation personnel to carry out deployment tasks.

Vehicle Management Flight

This is the single authority and source for maintaining, operating, and accounting for the installation's vehicle fleet, and ensuring the fleet is safe, efficient, and environmentally sound in meeting the wing's needs.

Traffic Management Flight

The unit is responsible for arranging the movement and storage of personal property and providing ticketing for official travel of Defense Department passengers.

"Our transportation, supply, and logistic plan troops are poised and ready to stand up the 30th Space Wing's newest squadron, the 30th Logistics Readiness Squadron," said Lt. Col. Scott Van Ness, 30th LRS commander. "The merging of these three key elements of logistics into one team will increase the readiness and deployment capabilities of the 30th Space Wing.

Logistic Readiness Squadrons, and the overall CWOS concept, will ensure the U.S. Air Force will be able to meet the challenges of the AEF."





Col. Robert M. Worley II Commander

Call 606-7850

E-mail your message to actionline@ vandenberg.af.mil

ission success is

our top priority, and the talented men and women of Team Vandenberg get it done with excellence. Key to the effectiveness of any great team is good

communication. The 30th Space Wing Commander's Action Line is your direct communication link to me.

It provides an avenue for you to voice your concerns, share constructive ideas, or

give your Vandenberg teammates a pat on the back. I appreciate your input, and I am personally involved in every

While the Commander's Action Line is a great way to communicate, don't forget to use your chain of command, first sergeants, base services officials and other base professionals first.

Thanks for helping to make Vandenberg such a great place to work and live. When calling the action line, please leave your name and phone number in case more information is needed.

#### Mom spotlights skate park concerns

I live directly across the street from the skate park and my husband and I have called countless times regarding the lights being left on at the park all night.

We've called the fitness center and they tell us to call security forces. The security forces are supposed to handle it but they

I'm concerned because the lights shine into our house very brightly and when we call, they don't get shut off so they're on all night. It's also a waste of electricity. I don't understand why they don't have a timer installed on the skate park lights that they can set for the appropriate hours.

My chief complaint is the fact that we've called repeatedly and the response to correct the problem is hit and miss

Thank you very much for bringing this to my attention. A solution to the skate park lighting problem is in progress.

A work order was

submitted by the fitness center to install a control box around the lighting switch. This will allow the skate park staff from the fitness center to lock the box and secure the light switch upon closing the park.

I apologize for the confusion over the unit responsible for correcting lighting problems. The fitness center is responsible for turning off the lights at closing. However, after the park is closed, unknown people have turned the lights on again, making it a trespassing issue for security forces.

I'm confident the control boxes will not only secure the lighting, but in turn, save electricity and afford your family a good night's rest. Thank you again for taking the time to let me know your concerns.



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Questions regarding the paper can be
directed to the Space & Missile Times staff at (805) 606-2040.



Call Airmen Against **Drunk Driving** at 698-8822 or 698-8823.

DRIVE



Be Aware! Anti-Terrorism Force Protection is an Individual Responsibility!

Oct. 11, 2002 SPACE&MISSILE**TIMES** 

# VEAT stays backstage with results in spotlight

By 2nd Lt Jennifer Whitaker

30th Space Wing Public Affairs

■ "Most people don't even
realize it's us," said Staff Sgt.
Elisa Ziegler of the Vandenberg
Enlisted Action Team, or VEAT.

Ziegler, the public affairs officer for VEAT, explained that VEAT is the former Enlisted Action Force, which supports the enlisted force here. They sponsor projects throughout the year to aid junior enlisted and the base community.

"We do things for Lompoc, but more of our projects are for the base," said the energetic young staff sergeant.

Examples of VEAT's work can be seen throughout Vandenberg.

"We put in the walkway from the dorms to the BX. We also run the Airman's Attic, we cook the monthly prayer breakfast, and we're planning to run a food pantry," Ziegler said.

"Most people don't know that AADD (Airmen Against Drunk Driving) came out of VEAT. Senior Airman Paige Ramos used to be the treasurer of VEAT, and now she heads AADD."

Members also volunteer at a homeless shelter in Santa Maria on a regular basis.

VEAT's other task is to keep the wing staff up-to-date on enlisted issues.

"You can bring up any issue, and they'll listen. Once when VEAT had low attendance, Chief Morey (30th Space Wing command chief master sergeant) sent out an email to all the first shirts, and at our next meeting, attendance was way up," Ziegler said, applauding the support of the wing staff.

VEAT is comprised of enlisted members airman basic through technical sergeant and meets on the third Thursday of each month at 7:30 a.m. at the Breakers Dining Facility. Meetings are open to enlisted personnel and officers.

"We like for officers to attend a meeting so they can encourage their enlisted troops to join," Ziegler said.

The team has just elected new leadership and Ziegler said they're looking forward to the coming year.

According to VEAT's brochure, they will always challenge members to "work smarter and play harder."

### **BRIEFS: From Page 1**

members of Team Vandenberg Nov. 8 – 13. Schedule an appointment online at <a href="https://afpki.lackland.af.mil/scheduler.htm">https://afpki.lackland.af.mil/scheduler.htm</a>. Call 2nd Lt. Amy Garrett, 605-4850, with questions.

### MILITARY FIRST WITH LOST CARDS

The military personnel flight customer service section is now issuing the common access card to those with lost or expired ID cards only. Due to the lengthy time required to issue the card, active-duty members in uniform will be given priority between 11 a.m. and 1 p.m.

### SPEED LIMIT LOWERS AT 13TH STREET BRIDGE

Base traffic engineering officials have reduced the speed limit for the 13th Street bridge to 25 mph.

### TRAFFIC MANAGEMENT OFFERS ARRIVAL TIPS

Upon arrival at a duty station, military personnel should immediately call the inbound traffic management office to provide the staff with sufficient information to notify the member once their property arrives. Normally, shipments from within the US are available the first day they arrive. Alaska and Hawaii are not included. For more information, call Airman 1st class Thomas Chadwell, 606-2249.

### CIVIL ENGINEERS RENOVATE LODGING

Twelve temporary lodging facilities will be closed until May 15, 2003 for renovation. Lodging space will be extremely limited. Base members changing station should be prepared to stay off base. Sponsors should inform incoming families of the shortage. The lodging office staff will assist families in locating suitable off-base facilities. Call Michael Green at 605-7831 for more information.

### MEDICAL GROUP CLOSES OCT. 23

The 30th Medical Group closes at noon Oct.23 for an official function. The Clinic will open normal duty hours Oct. 24.

# CATM keeps Vandenberg shooting straight

By Staff Sgt. Rebecca Bonilla 30th Space Wing Public Affairs

■ Why does an airman who works in the military personnel flight need to take an 8-hour class and qualify on the M-16 rifle?

After Sept. 11, people who hadn't touched a weapon since basic training, suddenly found themselves carrying, said Staff Sgt. Matthew Hedrick, 30th Security Forces Squadron combat arms instructor.

In reality, the base populace has been receiving such training for years but until recently, some didn't realize how important it was.

"Most people take marksmanship for granted," said Tech. Sgt. Randy Levander, 30th SFS CATM instructor. "They think they're never going to carry a weapon but that gun just might save their life."

Weapons training for the base populace began after the Korean War, Hedrick said. During a firefight at Kimpo Air Base, Korea, the base's security forces were over run and the people running day-to-day operations were forced to pick up arms to defend themselves. At the end of the day, the majority of them were killed.

The ensuing investigation revealed that people had made very basic mistakes with the weapons. They put magazines in backwards. They broke down their weapons and couldn't put them back together. They couldn't fix even minor malfunctions.

They made mistakes that could have been easily fixed with a little bit of training, Hedrick said.

Safety is one of the most important aspects of weapons training, the former se-

curity forces troop said. He advises that people never aim their weapon at anything

they don't intend to kill.

"It's very important to identify your target as well as what's behind it," Hedrick said. With an area-target range of 800 meters, or more than 10 football fields, he said, a bullet could easily pass through the target and hit something else behind

One of the more convenient aspects of the M-16 is the fact that all its parts are interchangeable. The ammunition used by NATO is also universal. If U.S. forces run out of ammo while deployed in the desert, they can reload with bullets borrowed from any of their Allied counterparts. NATO rounds are marked on the bottom of the casing with a tiny cross or X inside a circle: Ä.

So how does one fire expert? Isn't that what every novice shooter wants to know? According to Hedrick and Levander, the secret is all in the sight alignment, breath control and trigger control.

The front sight, at the end of the hand guards, is a squared off post. The rear sight is a tiny hole at the rear end of the carrying handle.

"Perfect sight alignment," Hedrick said, "is when you look through the rear sight and find the top of the front sight exactly in the middle. There should be equal amounts of daylight on either side."

The shooter only looks at the target long enough to line it up in the center of the sights, he said. After that they should focus on the front sight.

Hedrick said shooters need to get their face as close as possible to the rear sight. They should pull the stock of the weapon into their shoulder and mold it to their cheek to add stabil-

Hedrick's second point on how to fire involves breath control. He said it doesn't matter if the shooter fires after they inhale or after they exhale as long as they stop breathing and fire at the same point every time.

Trigger control offers the shooter the final chance to ensure the bullet flies true. That means squeezing the trigger at a steady rate rather than trying to jerk it at the perfect moment.

"The weapon going off should surprise you," Hedrick said. "If you remember the fundamentals, you should hit what you aim for every time."

Vandenberg's CATM professionals know what they're talking about when it comes to teaching marksmanship. During the base's last operational readiness

inspection, they were lauded as a professional team by the Air Force Space Command inspectors.

PHOTO BY AIRMAN 1ST CLASS KARA McCORMI

Staff Sgt. Bill Barry, 30th Security Forces Squadron combat arms instructor, times students as they fire for qualification here.

They train military students from as far away as Los Angeles Air Force Base as well as assist local law enforcement.



### **Education**

Sandra Conley, 30th Medical Group breast care facilitator, shows Senior Airman Sandra Beach and Capt. Nancy Johnson, 30th MDG family practice team members, how to identify lumps in a simulated breast.

October is national Breast
Cancer Awareness Month.
Conley manned a booth at the
base exchange Friday to
educate base women on breast
health and breast cancer.
Conley stressed the importance
of monthly self examinations
because the best prevention is
early detection.

The breast education office is located in the OB/GYN clinic on the 3rd floor of the 30th Medical Group. Conley is available Monday through Friday from 7:30 a.m. to 4:30 p.m. to discuss women's breast concerns.

# Private organizations get relief for identity dilema

BY CAPT. ELLIOT SELLE

30th Space Wing Judge Advocate Office

■ New Department of Defense guidance now provides greater latitude to private organizations in describing the base units they are affiliated with.

Previously, Defense Department instruction precluded private organizations from using any name, abbreviation, seal, logo, or insignia used by any DoD component to identify any of its programs, locations, or activities.

The practical impact of this restriction prevented private organizations from using the name of the unit, base, or service they were affiliated with in their title. This resulted in non-descriptive organizational names and frustration on the part of organizational members.

Under the new DoD guidance, private organizations are still prohibited from using the seals, logos, or insignia of any DoD component or organization in their title,

letterhead or correspondence.

They may, however, use the name or abbreviation of a DoD component or base as long as they do not mislead the public into thinking that the organization is an official entity.

This means that private organizations may use a DoD organizational name or abbreviation as long as they also use a prominent disclaimer on all print and electronic media clearly indicating they are not part of the Department of Defense.

This change is effective immediately and will be reflected in the next update to DoD instructions. It will also be reflected as Air Force policy in an interim change to the private organization guidance.

Private organization officers must comply with the letter and spirit of this new policy. It is expected to alleviate the frustration members experienced when coordinating private organization programs and activities.

# Reservists at Vandenberg's 9th SOPS demobilize

By Staff Sgt. Martin Moffit

9th Space Operations Squadron

■ More than 30,700 Air Force Reserve and Air National Guard men and women were called to duty following the Sept. 11,2001, terrorist attacks.

Employing nearly 40 traditional reservists, the 9th Space Operations Squadron is a geographically separated unit of the 310th Space Group at Schriever AFB, Colo.

Of those reservists, 11 volunteered to leave their families and civilian jobs to defend their homeland and help carry the cause of freedom to the rest of the world.

In the past year, the unit has supported the U.S. Space Air Forces Aerospace Operations Center's Combat Operations, Combat Plans, and Strategy divisions.

9th SOPS specific expertise was key to meeting shortfalls in key specialty

team areas and Special Technical Operations.

A Reserve member also worked in the STO section of SPACEAF. This was the first time a reservist was allowed to participate in that mission area at the numbered Air Force level.

"The men and women of 9 SOPS have been integral to the success of the

AOC," said Maj. Lois Diggs, 9th SOPS commander. "They have contributed to all aspects of command and control of the Air Force's space assets, from planning, through implementation, to assessment of effectiveness."

Although nearly all Air Force Space Command reservists were demobilized from part of Operations Enduring Freedom and Noble Eagle by Sept. 16, including many Vandenberg reservists, several have chosen to continue their service on active duty.



### Pick It Up

(Left to right) Airman Kieth Williams, Airman 1st Class Jerry Ferguson, Airman 1st Class Joel Parney and Airman Gregory Tompkins, of the 30th Civil Engineer Squadron, spent time cleaning up the roadside along Highway 1 Tuesday. Thirty CES members picked up 29 bags of trash, roughly 300 pounds, between the Main Gate and Firefighter Road and the Main Gate and Mountain View Avenue as part of the Adopt-A-Highway program. They cleanup those roadsides once every quarter.

SPACE&MISSILETIMES Oct. 11, 2002

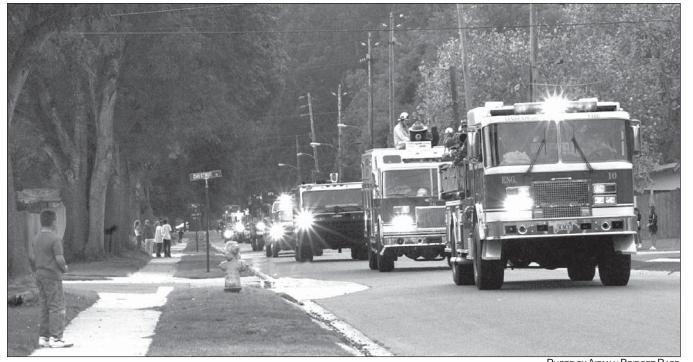


PHOTO BY AIRMAN BRIDGET RAPP

### **Prevention**

The Vandenberg Fire Department along with the 30th Security Forces Squadron and 30th Civil Engineer Squadron **Operations Flight parade** through main and east housing as part of National Fire Prevention Week.

Smokey the Bear, Sparky the Fire Dog and McGruff the Crime Dog were on hand to toss candy into the outstretched hands of Vandenberg's youngest

Fire prevention day is Saturday from 9 a.m. to 1 p.m. in building 860 on South Vandenberg. The fire department is offering free CPR certification. Call fire station No. 5 at 605-3334 to sign up. There will also be a jaws-of-life demonstration and barbecue.

there's an anchor and it has (the individual's) name." Curtis said.

The nearly 5,000 separate red and white

squares will then be joined together to

create a 62.5 by 35-foot American flag.

goal, Curtis said, is to take the flag on

display each of the 50 state's initials. The

tour around the U.S. so people can see it,

Currently working on a second square

"It's kind of hard. I'm driving to work

although she isn¹t sure if it will make its

for the flag, Curtis said although she

didn¹t know anyone who died or was

incident proved just as devastating.

that morning and I'm listening to the

radio and the guy's like, a plane just hit the world trade center. I'm like whatever.

This guy's got to be kidding. This has

got to be a joke," she said. "Everyone

that I knew was far enough away. A lot

of my friends were evacuated just as a

my immediate circle was injured."

year high school reunion.

www.memorialflag.org.

precautionary measure but nobody from

Saddened at not having been back since

the attack, Curtis said she looks forward

Donations are still needed to help

cover the travel costs of the flag, Curtis

project and how to make a donation, visit

said. For more information about the

to a trip home in November for her 10-

injured in the Sept. 11, attack, the

The 50 white stars on the flag will

way up this far along the coast.

### **ALCON: Bravo**

A DUI or alcoholrelated incident has occurred without injuries. Thursday, two senior airmen were arrested for public intoxication in San Luis Obispo.

Days since last DUI:

DUI totals for the Year: **26** 

Saves by AADD:

48

Operations Group	0
Maintenance Group	3
Mission Support Group	8
Medical Group	0
30th Space Wing Staff	1
14th Air Force	0
381st Training Group	2
576th Flight Test Squadron	3
Detachment 9	1
Others	8

Heard a rumor? Get the facts! **During crises or** emergencies, call the Vandenberg rumor control line at 606-1857.

# Vandenberg captain stitches for contribution

By Britt Fairchild

Santa Maria Times he red square of material bears a cross-stitch of the Twin Towers, with the name, Andrew Friedman, underneath. Its creator, Ann Curtis, didn't know the victim of the Sept. 11 terrorist attack on the World Trade Center, but the two

shared a bond, New York. "I'm from New Jersey," said the 27year-old captain stationed at Vandenberg AFB. "I grew up looking at the Twin Towers. On my way to school, on my way out of school. If you were watching a football game from my high school, you saw the Twin Towers. New York was always right there."

In lending her hands to the Memorial Flag Project, an international effort, that began after the Sept. 11 attack, to crossstitch the names of all Americans who died in acts of terrorism at home and abroad over the past 30 years, Curtis is helping Friedman's memory, and the memory of the World Trade Center, live

Having first read about the effort in an e-mail she received in July, Curtis, who has cross-stitched off and on since the age of 13, said she felt the project was one way she could help.

"When I was stationed up at Malmstrom AFB in Great Falls, Montana, (there were) many cold nights. There's really

not too much to do, and I don't just like to sit in front of the television set, I like to do something while I'm watching TV. So when I saw this I thought, that couldn't be that complicated, I should try and get involved with it."

Curtis e-mailed the project's originator, a Navy wife about Curtis's age in Norfolk, Virginia, and a few days later. she received the cross-stitch pattern in the mail. She purchased her own supplies.

"It's a huge undertaking," Curtis said of the project, she spent 10 hours alone on her 6 by 8-inch square, while pursuing her masters degree and working on a military studies course as well.

"She (the project creator) started researching terrorism. She decided in the last 30 years has been when we've had the majority of terrorist attacks that have occurred against Americans no matter where they were," Curtis said, adding the only problem is that the word about the project only spread through military channels.

But one worth the time and effort.

"It shows our unity," she said, noting participation from people around the world, including Australia, Japan, Italy and Brazil.

Each victim of such terrorist strikes as the bombing of the U.S. Embassy in Beirut, Lebanon in 1983, the bombing of the Murrah Building in Oklahoma City in



### Capt. Ann Curtis, 30th Operations Support Squadron, shows off the square she stitched for the

1995, the bombing of Pan American Flight 103 in Lockerbie, Scotland, and others, will be honored with a red or white square containing a pattern identifying the date or tragedy site, and the individual's named stitched underneath. The death of Wall Street reporter, Daniel Pearl, will also be represented.

"For example, for the USS Cole,



Memorial Flag Project.



Assignment: 30th Operations Group functional systems administrator

Hometown: White Oak, Pa. Time on Vandenberg: 1.5 years Time in service: 5 years

**Hobbies:** playing basketball and spending time with family and friends

Education goals: complete a degree and possibly officer training school

Favorite part of the job: "I love working with fun and interesting people. In my position, I get to learn a little about everyone's job in order to do my job better. I get to work with some really cool stuff."

Supervisor's comments: "Staff Sgt. Williams sets the standard in vital computer improvements and software upgrades," said Lt. Col. John Amrine, former 30th OG deputy commander. "Because of this, the 30th Operations Group leads the wing in completing major command and Air Force upgrades."



## Promotion-eligible officers should review data via virtual Military Personnel Flight

AIR FORCE PERSONNEL NEWS SERVICE ■RANDOLPHAIR FORCE BASE, Texas

— Officers scheduled to meet October and November promotion boards, as well as other upcoming boards, are encouraged to review their personnel data using the Virtual Military Personnel Flight on the Air Force Personnel Center's Web site.

Personnel officials here say there have been problems with the accuracy of data in the new military personnel data system, and it is important for everyone, especially those meeting upcoming promotion boards, to review their data online for ac-

"Reviewing data through the vMPF is just another smart thing officers can do to help ensure their officer selection brief is correct before meeting a board, but it's not

Maj. Cheryl L. Huguley, chief of the officer promotion, appointment, and selective continuation section. "Officers are still going to be required to review their preselection brief prior to their records meeting the board.

"If we can get everyone to go into the vMPF and, at a minimum, make sure their personnel data is correct (specifically the data appearing on their preselection brief), it will help everyone — especially in a case where we might have a last-minute correction we need to make to an officer's record," she said.

The vMPF is an interactive tool that provides a "live" look into the military personnel data system and lets airmen review, maintain and initiate updates and changes

the only action people need to take," said to their personnel records over the Web.

New vMPF users will need to establish an account, which takes only a few minutes, before using the service, officials

Officers being considered by the Oct. 28 colonel, lieutenant colonel and major medical and dental corps selection boards must update their data by Oct. 22 to have it reflected in their officer selection record.

Officers being considered by the Nov. 12 lieutenant colonel line, judge advocate general, chaplain, biomedical sciences corps and nurse corps selection boards; and colonel BSC selection board must update their data by Nov. 5 to have it reflected in their officer selection record.

After those dates, they must work with the agency listed on their preselection brief

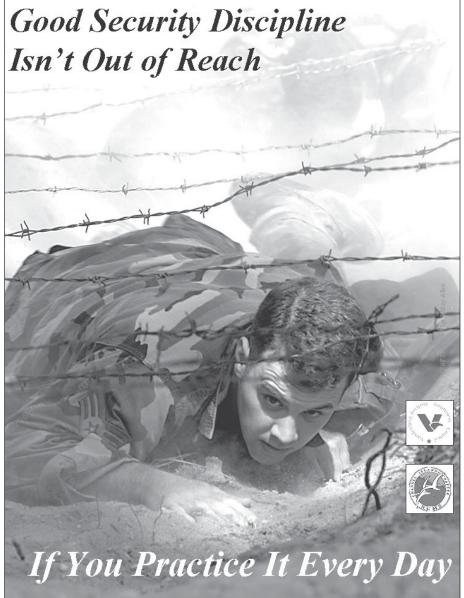
instruction sheet which will in turn contact AFPC to accomplish manual updates.

Ultimately, AFPC officials must be notified by Oct. 25 to update records for the Oct. 28 board, and by Nov. 8 for the Nov.

Individuals may access the vMPF through the AFPC Web site at www.afpc.randolph.af.mil to review personnel data.

Click on the "vMPF" logo at the top of the page. Once in the vMPF, officers should click "Individual Actions," "Personal Information," and "Data Verification

Officers who find discrepancies with their data in the vMPF should work corrections with their local military personnel



11 a.m. to 6 p.m. The shop is located next to in Bldg. 11180. They are

Vandenberg Thrift Shop

The Vandenberg

Thrift Shop is

open:

**Tuesdays from** 

9:30 a.m. to 2 p.m.

Thursdays from

the skills development center always looking for volunteers. Call 606-3128 to find out more.

Oct. 11, 2002 SPACE&MISSILE**TIMES A5** 



### AMA advises ban ephedra diet aids

■ WASHINGTON – The American Medical Association testified before Congress on Oct. 8 about the dangers of the dietary supplement ephedra.

"The AMA urges the (Food and Drug Administration) to remove dietary supplements containing ephedra from the market," said AMA Trustee Dr. Ron Davis. "The risk/benefit ratio for these products is unacceptable."

Air Force surgeon general officials have "strongly advised" people to contact their physician or health care provider before taking dietary supplements containing Ma Huang, ephedra or ephedra alkaloids.

"Consultation is especially necessary if an individual has pre-existing medical problems, is taking other medications or exercises vigorously as part of (his or her) occupation or fitness program," said Royal Air Force Wing Commander (Dr.) Victor Wallace, chief of flight medicine at the Air Force Medical Operations Agency. Wallace is an exchange officer.

Such supplements, which include so-called energy boosters, over-the-counter diet pills and bodybuilding drinks or mixes, may pose health and occupational risks even for those not taking other prescribed drugs, Wallace said.

In his testimony before the Senate Subcommittee on Oversight of Government Management, Restructuring, and the District of Columbia, Davis said that the AMA "concurs with the National Institutes of Health guidelines for obesity treatment that say certain prescription drugs may be useful in some obese patients, but diet aids containing ephedra are not recommended for weight loss.

"And because of ephedra's effects on the cardiovascular and central nervous systems, it may cause cardiac arrhythmias, heart

attacks, strokes, seizures and sudden death in both previously healthy people, as well as in those with risk factors for these conditions." Davis said

"More than 1,000 people have voluntarily submitted Adverse Event Reports associated with ephedra to the FDA," said Davis during his testimony. "Some of these describe events that have resulted in death or serious illness in young, presumably healthy, adults. There are many more actual adverse events. One company recently admitted to having received more than 14,000 AERs for ephedra since 1995.

"Obesity is a significant public health problem," Davis said. "Appropriate treatment of obese patients requires a comprehensive approach involving diet and nutrition, regular physical activity, and behavioral change, with an emphasis on long-term weight management, rather than short-term extreme weight reduction.

"Because dietary supplements are classified as foods under federal law, they are assumed to be safe and are subject to limited regulatory oversight," he said. "Dietary supplements containing ephedra have significant risks, which may be serious or fatal to people with pre-existing illnesses, as well as those who were previously healthy. They should be removed from the market.

"The AMA is very concerned about the quality, safety and efficacy of all dietary supplements and urges Congress to require that dietary supplements be regulated the same way prescription and over-

the-counter drugs are," Davis said.

Today, at least 20 states and the
National Football League are
among those who have banned or
restricted use of ephedrine products. (Courtesy Air Force Print

### Air Force pilots participate in historic flight

By Staff Sgt. C. Todd Lopez
Air Force Print News

■ NAGS HEAD, N.C. – Two Air Force pilots, some spruce wood, a little cotton fabric and a lot of wind are helping re-create history.

Maj. Dawn Dunlop and Capt. Jim Alexander were given the opportunity to fly a replica of the Wright brothers' 1902 glider here Oct. 4 to 8.

Dunlop is an F-15 Eagle pilot currently assigned to the Pentagon, and Alexander is an MC-130P Combat Shadow pilot with the 9th Special Operations Squadron at Hurlburt Field, Fla.

The glider, an exact replica of Orville and Wilbur Wright's original craft, was built by the Wright Brothers Aeroplane Company, a nonprofit organization based in West Milton, Ohio. The organization is made up of aviators, historians and educators. The exhibition at Jockey's Ridge State Park, about five miles south of Kitty Hawk, was designed to accomplish several objectives, said Louis Chmiel, one of the chief builders of the plane.

"The intent is to draw attention to important things that happened before December of 1903 and (to the fact that) this is the culmination of the years (the Wright brothers) spent working to understand flight control," Chmiel said. "When they left here in 1902 and went back to Dayton, they knew they understood control, and the next thing they were doing was to motorize it."

Since 1999, the organization has built and flown several replicas of the Wright brothers' aircraft. The group uses the same materials the brothers used to build their gliders: spruce and ash wood, tightly woven cotton fabric and a lot of handcrafted hardware.

The director of the company said the main reason for the project is a deep passion for flying.

"The simplest reason (I do this) is that I love to fly and I love to teach," said Nick Engler. "The Wright Brothers Aeroplane Company is an educational institution. We are here to tell the Wright story. That is the best way to create 'seed corn' for aviation (and) to get



Air Force Capt. Jim Alexander, an MC-130P Combat Shadow pilot from the 9th Special Operations Squadron at Hurlburt Field, Fla., flies a replica of the Wright brothers' 1902 glider at Nags Head, N.C., on Oct. 7. Volunteers and spectators from all over the world attended this year's reenactment of the Wright brothers' flight. This year's event marked the 100th anniversary of the Wright brothers' historic flight when they perfected their control system.

kids interested."

The 36-foot-long glider has no cockpit. The pilot lies down on a cross bar, exposed to the elements, and uses body movement to control the craft.

The 1902 model is significant, Engler said, because it is the first aircraft to provide three axes of control - roll, pitch and yaw – to the pilot. The pilot can control roll, tipping the wings; pitch, raising and lowering the nose; and yaw, rotating the aircraft as though it were turning left or right while still on the ground.

"This was the world's first controllable airplane," Engler said. "Everything that has flown successfully since 1902 has had roll, pitch and yaw control. This was

The Wright brothers' contribution to aviation and the historical significance of the re-enactment of the 1902 flight was not lost

on the two Air Force pilots

who participated.

"When you fly out on (temporary duty), that view you see from the airplane, you take that for granted now," Dunlop said. "But the Wright brothers made that possible. They gave that to us. The military, and the Air Force, saw the value of aviation. We learned to exploit that value."

Alexander agreed, noting the quick evolution of airpower over the years. "In 1909 the Wright brothers made the first military flyer that was sold to the Army Signal Corps," he said. "And you can see that we have gone from the 1909 Wright Flyer to the F-22 (Raptor) in less than 100 years. That's pretty amazing."

Despite some early reservations about flying the replica, the experience turned out to be a positive one for Alexander. I had visions of face planting (crashing) initially, but it was also a great thrill," he said. "I couldn't believe I was actually

flying it. Once the air started moving over the wings, I could tell I had (control of the glider). There was this cool feeling, the same one I get when I lift off in a C-130."

The flights in the glider were considerably shorter – both in terms of time and distance – than those in the MC-130s Alexander normally flies.

"My longest flight was about 210 feet, about 400 feet short of the Wright brothers' flight in this glider. I think the highest I got was about 15 feet," Alexander said. "The sensation is pretty short lived because the flights are so short. You get the time to make one control input and see the aircraft react to it, and then you are pretty much transitioning to a landing phase."

In December, the Air Force and the U.S. Centennial of Flight Commission will begin a yearlong celebration of the 100th anniversary of the Wright brothers' first powered flight on Dec. 17, 1903.

### Center offers one-stop fitness training

BY COACH MCKINNEY

30th Space Wing Command Section Thether training for selfsatisfaction, training to participate on intramural teams, or just out to make an effort to stay in shape, one thing consistently holds true -- you will need a place to do the training.

Vandenberg AFB's Fitness Center is a good first stop on your road to physical fitness. Once you're sure that you are healthy and mentally ready to tackle the challenge of training, the staff at the base fitness center is poised and ready to get you started -- the right way!

"No matter what you need or are looking for, we can help you with it," said staff member Isea Jones. "We do our best to try and make our customer service top priority."

Newly appointed Fitness Center Director Pamela Coffey has impressed upon her team the most important idea of teamwork and team achievement.

The 1987 Lompoc High School graduate, while setting the tone for that teamwork, considers it an honor and a challenge to provide the best quality customer service and support possible to the Vandenberg AFB community.

"Our main goal is to provide good customer service that will leave a positive lasting impression on everyone who walks

through the doors," Coffey said.

The fitness center operates Monday - Friday, 5 a.m. to 11:30 p.m. They are also open Saturdays, Sundays and holidays from 8 a.m. to 6 p.m.

"I would love to shed a little light on the front counter staff, they are the backbone of our dayto-day operation," Coffey continued. "They are the ones on the front lines each and every day, charged with doing far more than just handing out towels or balls. Customer service is no easy task when you are talking about over 700 customers daily.'

Coffey lauded the staff for their willingness to give that little extra and assist in the operation of numerous fitness and sports programs.

The fitness center is responsible for coordinating and overseeing 13 intramural sports and all varsity sports. They also provide saunas (four total), racquetball courts, a basketball court and three segments of weight rooms, to include Atlantis machines, the Life Cycle room, and an extensive free-weight area.

"We welcome customer suggestions on not only new programs, but also on equipment that they would like to see," the director said. "Out with the old and in with the new is what we try to do. If there is outdated equipment which is not being

used, we try to replace it as soon as possible with equipment which meets the needs of our custom-

More than just a facility or a focal point for programs, the fitness center here is about people. Not only those who are served, but also those who do the serving.

"Work here at the fitness center is never routine, I mean we have some things which are routine and are required on a daily basis, such as taking counts on customers and making sure the facility is clean, but the challenge of dealing with so many different people with different needs makes for good variety," said Brian Owen, special events coordinator. "Some may not always show appreciation, but most of our customers really do."

Owen is an Air Force dependent who is familiar with the benefits of a fitness center to a base community.

"I didn't use it much at first, but when I got old enough to go on my own, I used it all the time," he said.

The other end of the spectrum is Jones, who never had any military affiliation until he began work at the fitness center.

"There were things that were difficult to get used to at first, like the different ranks, you know, sergeants and the colonels and

PLAY 🙈 HARD

Isea Jones, 30th Services Squadron fitness specialist, hands out towels to gym members as part of his duties, which include interacting with nearly 700 customers daily and instructing people on the proper use of the equipment.

stuff," Jones said. "I'm pretty used to it now, but one thing about the different ranks, we try to treat everyone equal. The most important thing is good customer service for all ranks!"

"We want the chance to provide this base with all of their fitness and training needs. The staff working the counter as well as the program coordinators, are here for the sole purpose of taking care of the physical fitness needs of this base," Coffey said. "The front counter personnel are the true fitness center 'All Stars."

Someone once said that "You can never get too much of a good thing."

Regardless of your training needs, you can find one-stop shopping, or in this case, onestop training without ever leaving the front gate.

The base fitness center is ready, willing and able to provide you with a good thing - high quality customer service.

### Vandenberg's Hawks soar in round robin tourney

By Rod Paronto

Varsity Sports Coordinator

■ The Vandenberg Hawks took top honors in a roundrobin basketball tournament here Sept. 27 - 28.

In their first challenge, the Hawks took on Fort Irwin's top players. At the half, Vandenberg led 47 – 30. They held that lead to end winning with a score of 90 - 62

Next, the Hawks dominated the Edwards AFB team winning 90 - 60.

Fort Irwin met the Edwards next. Edwards played a tight game with only six players. With nine men in their lineup, Fort Irwin was able to keep their team fresh and kept the

game close. In the end, Edwards' took their four point lead home for the 64 -60 win.

The big game found the Hawks up against Fort Irwin again. It was a real battle right up to the half. However, Vandenberg's superior teamwork and ball handling skills in the second half won out. In the end, it was Vandenberg Hawks over Fort Irwin 113 - 83.

The Hawks are: John Salausa, Montae McFarland, Tyrone Eddins, Ronnie Glover, Brian Morris, Christopher Williams, Jason Kornegay, DeMarco Poole, Zachary Taylor and Anthony Rogers

### **Sports Standings**

<b>Nationa</b>	al League S	occer Sta	andings			
TEAM	WINS LO	SSES	PCT	STANDINGS		
614th	2	4	.333	3		
LRS	4	2	.667	2		
576th	0	6	0	4		
MDG	6	0	1.000	1		
Over 30 Softball Standings						
TFAM	WINS LO	SSES	PCT	STANDINGS		

576 FLTS	5	3	.625	3
	-	•		_
30 CS	3	8	.273	6
NRO	9	1	.900	1
LRS	3	6	.333	5
30 SFS	6	4	.600	4
DET 9	7	3	.700	2
14/614 SOI	PS 3	8	.273	7
381 TRG	0	7	0	8

American League Softball Standings							
TEAM	WINS LOS	SSES	PCT	STANDINGS			
SFS 1	14	4	.778	1			
SFS 2	14	4	.778	2			
OG 2	8	10	.444	7			
MSS	1	15	.063	10			
576th 2	3	12	.200	8			
NRO	11	6	.647	4			
MDG	10	8	.556	6			
381st 2	13	5	.722	3			
CES 2	3	15	.167	9			
LRS	10	7	.588	5			

#### **Results as of Wednesday Womens Softball**

DET 9 defeated 14 AF/614 **SOPS** 

Win by forfeit

SFS defeated SVS 19 to 7

576 FLTS defeated CS 10 to 6

Over 30 Softball SFS defeated CS 11 to 8

NRO defeated 14 AF/614 SOPS

LRS defeated DET 9

18 to 11

3 to 1

week.

19 to 15 Soccer

Soccer playoffs start next

MDG defeated TRANS

ideas to:

space&missiletimes@ vandenberg.af.mil



# Destinations Central Coast @

By 2nd Lt. Jennifer Whitaker 30th Space Wing Public Affairs

icture this: you and your sweetheart on a blanket under the stars, anticipating the start of a classic romantic comedy.

About 200 other people around you chat and enjoy a picnic supper.

Cinema Under the Stars is a free class that Allan Hancock College offered for the first time last Friday. It's the perfect opportunity for an inexpensive date or a night out with your

After pulling into the parking lot of the Allan Hancock College Santa Maria campus, my husband and I grabbed our blanket and picnic food and made the short walk to the courtyard behind the fine arts buildings, where it seemed a scene from the past was unfolding.

As we spread our blanket out on the dewy grass and took out the picnic dinner from Taco Bell, I noticed that others had done the

People reclined on blankets and chatted in lawn chairs, snacking on everything from popcorn to fried chicken. Behind us, young couple settled in with candlelight, hors d'oeuvres, and sparkling cider. All around, people seemed to be enjoying one another's company with the hustle of everyday life far from their minds.

The elegant sounds of Ella

### We Want You!

- **☞** Have you visited a Central Coast destination lately?
- Thow about sharing it with everyone who reads this column! Don't worry, we'll help!
- Just send in a 400 600 word rough draft about your adventure.
- If you took photos, send them in too!

Send submissions to: space&missiletimes@vandenberg.af.mil

Fitzgerald set the tone for the evening. The modern addition to this old-fashioned setting was large movie screen set atop a gently sloping hill, and red ropes marking out a pre-registered seating area. Student workers with the Association of Visual Arts club pointed my husband and I toward the registration table.

"Will there be a test?" I asked before signing up. Once I was assured that no one would give homework or assign a paper, it only took a couple minutes to register. We had our hands stamped, and we were off to find the perfect spot.

"People used to come together at films to socialize. Now people rent movies and stay home, so the old purpose of films is lost," said Marcel De Maio, professor of film studies at Allan Hancock College and the event's

De Maio gave a brief history of the film, "Breakfast at *Tiffany's*" before the movie began. He explained that this background information would help the audience to better understand the film and its status as a 'classic.' He was right, it did.

As I relaxed with my husband on our blanket under the stars, the cares of my workweek melted away as I was drawn into the film. My only regret was that I hadn't brought enough blankets to keep out the chill of the late evening

Cinema Under the Stars was the brainchild of Allan Hancock's superintendent/president, Dr. Ann Foxworthy, De Maio said.

According to Association of Visual Arts president Christian Arteaga, the event is a collaborative effort by various campus organizations, including the AVA and the Student Art Club.

"We're selling popcorn, hot

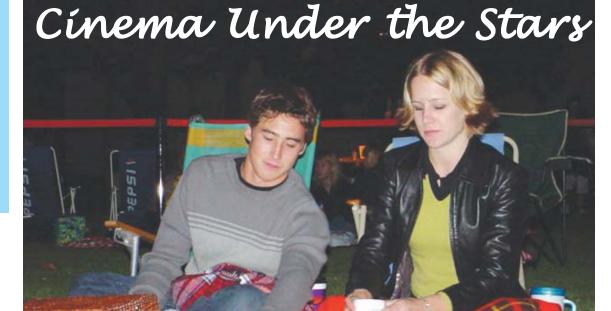


PHOTO BY 2ND LT. JENNIFER WHITAKER

A young couple enjoys an evening under the stars during Allan Hancock College's Cinema Under the Stars class Oct. 4 at the Santa Maria Campus. The free class offers students a chance to view classic romantic comedies. For the next class, scheduled for Oct. 18, Alfred Hitchcock's "Notorious" will be screened.

chocolate, coffee, and homemade cookies and brownies for \$1 as a fundraiser for field trips," Arteaga said.

The next Cinema Under the Stars will take place Oct. 18. Alfred Hitchcock's thriller "Notorious" will take the big

screen that evening.

If you're planning an evening at Cinema Under the Stars, dress warmly and bring a blanket or lawn chairs and a snack or picnic supper. Alcohol is not allowed on campus, so leave the moonshine at home. You can pre-

register over the phone at (805) 922-6966, or you can show up early on Friday evening to register and get a seat. Seating is plentiful, but for a good seat, I'd recommend showing up early. The film begins at 8:00 p.m.

### Community Calendar

Football Military Appreciation Night – 7 p.m. today at Huyck Stadium on the campus of Lompoc High School. The football game between Cabrillo and Morro Bay features a tribute to the military. Active duty personnel will be admitted free of charge by showing their military ID card or by attending the game in uniform.

Fall book sale – 10 a.m. - 4 p.m. today and Saturday in the Grossman Gallery, 501 E. North Ave. Lompoc. The sale features musical cassettes, books on tape, videos, hardback and paperback books.

Craft show vendors call Brandie Moorhead, 734-5621 to sign up for a space at this year's Crestview Elementary School craft show and sale. Spaces are \$20. The show is 9 a.m. - 3p.m. Nov. 16.

Bundles for babies -2 - 4 p.m. today at the family support center. Topics include finances, lifestyle changes, infant CPR, Nursing Moms program and Give-Parents-A-Break program. The class is open to all ranks, parents only. Call Lyn Smith to register, 605-8551.

One-on-One marriage enrichment counseling - Call 606-

Volunteer needed -The Vandenberg Food Pantry needs a volunteer for a 50-hour-perweek position. The position entails stockand distributing food via scheduled appoint-

ments. Call 606-0039. Military care packages - the family support center staff is support deployed troops. Call 605-8553.

Space and Sea Girl **Scouts** – sign up by 605-2217, or leave a

Harbor and boat **cruises** – at Adventure Marina in Morro Bay.

**Central Coast** College Fair - 5 to 7 p.m. Sunday at the Allan Hancock College Santa Maria Campus student center. More than 60 colleges and universities will be represented.

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Santa Barbara trolley tours - 90 minutes, 10, 11:30 a.m.; 1, 2:30, 4 p.m. Call (805) 965-0353.

horseback rides welcome. Call (805) 489-

ing, keeping inventory,

accepting donations to

calling the Scout Hut, message, 734-5545.

Call (805) 772-9463.

Twilight beach Pacific Dunes Ranch in Oceano. Beginners are

Self-defense **workshop** - 6:30 to 8:30 p.m. Mondays and Tuesdays for women and girls 12 years and older at the North County Rape Crisis and Child Protection Center. Call 736-8535.

Jiu-Jitsu selfdefense classes - 7 to 9 p.m. Mondays and Wednesdays at the Unified Center for Martial Arts, 1766 S Broadway in Santa Maria. Call (805) 934-2158.

**Indoor cycling** classes - 6 a.m. Mondays, Wednesdays and Fridays; noon Fridays; 4 p.m. Tuesdays and Wednesdays; and 8 a.m. Saturdays in the services center.

Relaxation Room -8:30 a.m. to 3:30 p.m. Monday - Friday at the Health and Wellness Center. Call 606-2221.

Understanding **REDUX/Career Status Bonus class** – 11 a.m. Tuesday at the family support center. Call Jimmy Camacho, 606-4491.

**15** 

TUE

**Pre-separation Briefing** - 8 a.m. Tuesdays in the family support center. This is a required briefing at least 90 days prior to leaving the service. **Lompoc Bruisers** 

Soccer Team – practices 5:30 - 7 p.m. Tuesdays and Thursdays at Ryon Park in Lompoc. Games are Sundays. The team is part of the Central Coast Women's Soccer Association. No experience necessary. Call. Katie Burke, 734-5727.

Allan Hancock College - Offers more than 70 Fast Track and Term 2 classes at its Santa Maria campus beginning Oct. 21. Students can register at any Allan Hancock College location during walk-through registration Tuesday and Wednesday from noon to 6 p.m., and during late registration Oct. 21-23 from noon to 6 p.m. Call 922-6966 or (866) 342-5242 Ext. 3248.

**Job fair** – 11 a.m. - 5 p.m. Wednesday at the Santa Maria Town Center Mall. There will be 50 -60 employers on hand. Free resume reviews will be conducted.

**AL-ANON** – 7 - 8 p.m. Wednesdays at the family support center. Call 734-0784.

Top Three meeting noon Thursday in the services center. Annual elections will be held. Call 605-6200.

**17** 

THU

Retiree meeting – 1 p.m. Thursday in the joint retirees center, building 10364. Guest speakers will address travel

opportunities. Call the retiree activities office, 606-5474, Tuesday -Friday, 10 a.m. - 2 p.m.

Chamber luncheon -11:30 a.m. Thursday at the Embassy Suites Hotel in Lompoc. The event features a salute to the Chamber's Youth Leadership Lompoc Valley program. The program was selected as a leading youth program in the state. Call 736-4567 for reservations.

**CAL-VET Home** Loan class - 1:30 - 3:30 p.m. today in the family support center. Topics include application procedures, process basics and potential pitfalls. Call Bob Brown, 606-0801.

College of Agriculture open house – 9:30 a.m. Oct. 18 in the farm shop at the Cal Poly College campus in San Luis Obispo. The event introduces students to career and education opportunities in agriculture. Call 756-2161.

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Sixth Annual Haunted Trail - 6 - 11 p.m. Oct. 18, 19, 25 and 26; 8 p.m. Oct. 31. The first hour each evening is only mildly scary. Cost is \$3 for adults and \$2 for children 10 years and younger. The trail starts at Washington and Airfield roads.

Air Force Association Chili Cook off-Oct. 19. Submit three or four-person team entries to 2nd Lt. Chad Melone, 606-1957.

Free concert – 10 a.m. Oct. 19 at Trinity Church of the Nazarene in Lompoc. Call 733-2125.

Single parents  $\textbf{support group} \textbf{-} 11:\!30$ 

a.m. - 1 p.m. Oct. 22 in the services center. Call 606-9958. Multi-lingual Moms,

**Pops & Tots Group** – 9 -10:30 a.m. Oct. 23 in the family services center aerobics room. English. Spanish and Tagalog speakers comprise the group. Call 606-5338. Vandenblood Manor -

6 - 10 p.m. Oct. 25 - 31 at 174 and 176 Willow Street in East Housing. Cost is \$3 for those 13 years and older; \$2 for children 6 to 12 years old and free for children 5 years old and under.

NOV 1 FRI

Language Skill Builder - Nov. 1 - 2. The class is offered through Allan Hancock College's community education program. Cost is \$40. Scholastic grant -

**American Sign** 

applications due Nov. 8 to Chief Master Sgt. Velma Hunt, 605-6416. Call for forms and details.

# **Chapel Notes**

### **EVENTS**

- Stitch-in-Time 4 7 p.m. today in the Chapel Annex. The PWOC will sew stripes and patches on uniforms for free.
- ◆ Good Samaritan Dinner 5 p.m. Sunday in the Chapel Annex. Side dishes and servers needed. Drop off no later than 4:30 p.m.
- Monthly Prayer Breakfast 6:30 a.m. Thursday in the Chapel Annex.
- Harvest Fest (an alternative to Halloween) 2 -5 p.m. Oct. 27 in the Chapel Annex.
- G.I. Java open 5 9 p.m. Monday Saturday in the Delta Dormitory. To volunteer, call 606-5773.

### CATHOLIC

• **Bible study groups** – 7 p.m. Mondays or 7 p.m. Thursdays in the religious education administration building. Call 734-4202.

Call 734-2875.

- CCD classes are underway 8:30 to 9:30 a.m. Sundays in the religious education administration building. Call 734-3070.
- Children Liturgy of the Word during Sunday
- Rite of Christian Initiation of Adults 12:30 p.m. Sunday in the religious education administration building. Call 734-1437.
- ◆ **Confirmation** 12:30 p.m. Sundays in Bldg. 16130. Call 734-0474. ◆ Catholic Women of the Chapel – 7 p.m. second
- Wednesday of the month in the religious education administration building. Call 606-5773. ◆ Senior Catholic Youth of the Chapel – 6 - 8 p.m. in the religious education administration building.
- Junior CYOC God's Gang Call 734-5503.

### **WORSHIP SERVICE TIMES**

Praise and Worship - 8:30 a.m. in Chapel 2 Traditional Protestant - 11:30 a.m. in Chapel 1 Gospel - 11:30 a.m. in Chapel 2 Catholic Mass - 10 a.m. in Chapel 1 Daily Mass - 11:30 a.m. in Chapel 2 Saturday Mass - 5 p.m. in Chapel 2

• Youth Choir – members needed. Call 734-5503.

### **PROTESTANT**

- Chapel Community Night 5:30 7 p.m. Sundays in the religious education classrooms.
- Brothers and Sisters in Christ 5:30 7 p.m.
- Sundays in the RE classrooms. Call 734-1360. • Women's Evening Study - Call 734-3788.
- Protestant adult and youth Bible study 7 p.m. Tuesday in the Chapel 1 Annex. Call 605-7564.
- Men's weekly Bible study 6 p.m. Wednesdays
- in the Breakers Dining Facility. Call 606-5773. The Vandenberg AFB Officers' Christian
- Fellowship 7 p.m. Wednesdays. Call 734-0696. • PWOC beginner quilting classes - 10 a.m.
- Thursday in the Chapel 1 annex. Call 733-2630. • Women's bible study - 10 a.m. third Saturday of the month in the RE classrooms. Call 734-1693.

### At The Movies

All movies start at 7:30 p.m. unless otherwise noted. Today

Fear.Com Rated R

Saturday Men in Black II Rated PG-13

Sunday No Showing

Oct. 19

City By The Sea Rated R

No Showing -- Base Talent Show **Stealing Harvard** 

Rated PG-13